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## **For the Love of Donuts**

Young adult writer, Rachel Barnard, released the first novel in her young adult *For the Love of Donuts* series titled *Donuts in an Empty Field*, June 3<sup>rd</sup>, 2016 (AKA National Donut Day).

**Woodinville, WA, June, 2016** – Letting go of anger is life's greatest challenge.

Vanessa hasn't been the same since her father's death. A hero until the end, he died saving a restaurant owner's son from a burning building. Nessa blames the boy, but her best friend Nichole thinks it's time to let go of the past. In a last ditch effort to break Nessa's obsession, Nichole hopes signing up for the local food challenge will bust her out of her shell. A single choice defines the road ahead for Nessa. Doing the right thing isn't easy, but living with the consequences of doing nothing might be worse.

## **What are people saying about *Donuts in an Empty Field*?**

"Honestly, everyone needs a Nichole in their lives." – Katharine

"Nichole is in the driver's seat so to speak at the beginning controlling the adventures and then gradually starts to hand the reigns to Vanessa, so Vanessa does flounder a bit before finding her stride. Beautiful storytelling! I'm getting teary again." – D'ariel

"It's about life, heroes, world records and puppies. It's about donuts but mostly it's about friendship. The author has that rare talent where you could start on any random page and get completely drawn into the story." – Bill

## **About the Author**

Rachel Barnard lives in the Pacific Northwest, near Seattle. She has self-published several young adult novels, including *Ataxia and the Ravine of Lost Dreams* and *At One's Beast*. When she's not writing, reading, marketing, or editing, Rachel dances, writes reviews of Indie books, attempts funky challenges, and wishes she owned a Corgi.

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